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To: Board Members

Date: April 20, 2023

From: Rosanne Helms
Legislative Manager

Subject: Telehealth Committee Update

The Telehealth Committee (Committee) held its most recent meeting on March 16, 2023. The purpose of the Committee is to determine if any of the Board's statutes and regulations related to the practice of telehealth by Board licensees, registrants, and trainees need to be updated or clarified.

During the last meeting the Committee members and stakeholders reviewed and discussed the following:

- The draft of a survey to gather information about licensee and registrant experiences working for online-only therapy platforms. *(Status: Survey is currently open and has been distributed via the Board's subscriber list, social media, and professional organizations.)*
- Revisions to the Board's statutes that require physical display of a license or registration, to account for telehealth practice. *(Status: Draft language will next be reviewed by the Policy and Advocacy Committee.)*
- The creation of a telehealth best practice document. *(Status: Staff is in the process of finalizing three best-practice documents: one for providers of therapy via telehealth, one for providers of tele-supervision, and one for consumers receiving telehealth therapy.)*

Several law changes that were previously developed by the Telehealth Committee are currently either running as a bill proposal or were recently signed into law. These include the following:

- Creating a temporary practice allowance in law for out-of-state licensees whose clients are visiting in California, or whose clients are transitioning to living here. (Currently running as legislation; AB 232 (Aguiar-Curry).)
- Amendments to permit supervision via videoconferencing in all settings (Signed into law in 2022 via AB1758 (Aguiar-Curry).)

- Amendments requiring applicants for licensure and current licensees to complete 3 hours of training or coursework in the provision of mental health services via telehealth, including law and ethics related to telehealth, as a one-time requirement (Signed into law in 2022 via AB 1759 (Aguiar-Curry).)
- Clarifications that certain pre-licensees may provide services with clients via telehealth (Signed into law in 2022 via AB 1759 (Aguiar-Curry).)

The next Telehealth Committee meeting will be held on June 8, 2023.