LPCC Treatment of Couples and Families

QUALIFYING COURSEWORK

Six semester units of nine quarter units specifically focused on the theory and application of marriage and family therapy are required in order to obtain Board confirmation of a licensee’s qualifications to assess and treat couples or families.

Coursework meeting this requirement must be at the graduate level and must have a primary focus on the following:

- One or more theories related to the marriage and family therapy field, including but not limited to couples therapy, family therapy, family systems/relational therapy and/or family counseling
  
  AND/OR

- How one or more MFT-related theories can be applied therapeutically with individuals, couples, families, children, adolescents and/or groups

Examples of qualifying course titles include, but are not limited to, the following:

- Marriage counseling
- Couples therapy
- Child counseling
- Child and adolescent therapy
- Family counseling
- Family systems theory
- MFT theories
- MFT theories and techniques
- Theories of family therapy and development
- Family therapy counseling skills
- Individual and relational therapy
- Systemic theory and practice
- Systemic family therapy
- Structural family therapy
- Counseling diverse couples and families
- Couples and sexuality counseling
- Family interventions
- Family dynamics and therapy
- Principles and techniques in child/adolescent/family therapy
- Addiction and family treatment
- Play therapy

More general course titles, if taken from an MFT program, may also qualify. Examples include:

- Counseling theories
- Counseling theory and practice
- Applied therapeutic methodology
- Advanced counseling techniques