



Board of Behavioral Sciences
 1625 North Market Blvd., Suite S200, Sacramento, CA 95834
 Telephone: (916) 574-7830 TTY: (800) 326-2297
www.bbs.ca.gov



LPCC Treatment of Couples and Families QUALIFYING COURSEWORK

Six semester units of nine quarter units specifically focused on the theory and application of marriage and family therapy are required in order to obtain Board confirmation of a licensee's qualifications to assess and treat couples or families.

Coursework meeting this requirement must be at the graduate level and must have a primary focus on the following:

- One or more theories related to the marriage and family therapy field, including but not limited to couples therapy, family therapy, family systems/relational therapy and/or family counseling
- AND/OR
- How one or more MFT-related theories can be applied therapeutically with individuals, couples, families, children, adolescents and/or groups

Examples of qualifying course titles include, but are not limited to, the following:

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| • Marriage counseling | • Systemic theory and practice |
| • Couples therapy | • Systemic family therapy |
| • Child counseling | • Structural family therapy |
| • Child and adolescent therapy | • Counseling diverse couples and families |
| • Family counseling | • Couples and sexuality counseling |
| • Family systems theory | • Family interventions |
| • MFT theories | • Family dynamics and therapy |
| • MFT theories and techniques | • Principles and techniques in child/adolescent/family therapy |
| • Theories of family therapy and development | • Addiction and family treatment |
| • Family therapy counseling skills | • Play therapy |
| • Individual and relational therapy | |

More general course titles, if taken from an MFT program, may also qualify. Examples include:

- Counseling theories
- Counseling theory and practice
- Applied therapeutic methodology
- Advanced counseling techniques