

You must have a current and active California license to provide marriage and family therapy, educational psychology, clinical social work, and professional clinical counseling services to clients located in California.

## WHEN INITIATING TELEHEALTH SERVICES WITH A CLIENT IN CALIFORNIA, YOU MUST:

- Obtain and document verbal or written consent from the patient for the use of telehealth as an acceptable mode of delivering services.
- Inform the client of the potential risks and limitations of receiving treatment via telehealth.
- Provide the client with your license or registration number.

• Document your efforts to ascertain the contact information of relevant resources, including emergency services, in the patient's geographic area.

## DURING ANY ADDITIONAL SESSION WITH A CLIENT IN CALIFORNIA, YOU MUST:

- Verbally obtain and document the client's full name and address of present location at the beginning of each telehealth session.
- Assess whether the client and the session are appropriate for telehealth, including, but not limited to, consideration of the client's psychosocial situation.
- Utilize industry best practices for telehealth to ensure both client confidentiality, the security of the communication medium, and client safety.



## ADDITIONAL RESOURCES THAT MAY BE HELPFUL:

American Association for Marriage and Family Therapy Online Therapy Guidelines

American Counseling Association Code of Ethics (2014): Distance Counseling, Technology, and Social Media

Association of Social Work Boards Technology and Social Work Regulations Resources

California Association of Marriage and Family Therapists Code of Ethics

National Association of Social Workers Code of Ethics

Telehealth: Virtual Service Delivery Updated Recommendations (National Association of School Psychologists)

Telehealth Resources for Health Care Providers (U.S. Department of Health and Human Services)

Telehealth Best Practice Guides for Providers (U.S. Department of Health and Human Services)

Guidelines for the Practice of Telepsychology (American Psychological Association)

HIPAA & Telehealth: A Stepwise Guide to Compliance (National Consortium of Telehealth Resource Centers)

HIPAA For Professionals (U.S. Department of Health and Human Services)

